



Maine Osteopathic Association: VIRTUAL Midwinter Symposium

Virtual: February 12-14, 2021 | 25.5 AOA Cat-1 A CME /24.5 AMA PRA Category 1 Credits™, Other credit types pending**

***Draft Agenda (As of February 8, 2021), subject to change**

Friday, February 12, 2021

7.25 CMEs (6.25 AMA/AAFP)

Friday Sessions	
8:00am- 9:00am	E&M Visits: Making it Work in Your Practice- Presented by Cindy Penkala, CMM, CMPE, CMSCS, CPOM; Elena McGannon, MBA; Michael Warner, DO, CPC, David Hitzeman, DO
9:00- 10:00am	Critical Documentation Concepts in Chronic Opioid Therapy: Risk Mitigation 2021 – Presented by Jen Bolen, JD
10:00- 10:30am	BREAK: Poster Session Presentations via Research Forum Tab
10:30- 12:00pm	LIVE Webcast: MOA Business Meeting via Zoom
12:00pm-12:30pm	BREAK: Live Poster Session Q/A & Awards
12:30pm-1:30pm	Medical Examiner 101: Tales from the Field-Presented by Lonnie Lauer, DO
1:30pm-2:30pm	Psychiatric Implications of COVID-19 Pandemic- Presented by Ryan Smith, DO PhD
2:30pm-3:30pm	Tackling the Quarantine "15": Improving Immunity, Metabolism & Inflammation through Nutrition-Presented by Keelyn Wu, DO
3:30pm-3:45pm	<i>Break: Visit the Wellness Tab to select your session!</i>
Friday Closing Session	
3:45-5:00pm	COVID Provider Panel-Presented by Christina Lincoln, DO; Scott Thomas, DO; Stephanie Collins, DO; Lauren Hall, DO, Martha Gilman, DO
5:00pm-6:30pm	Virtual Trivia Night with UNE COM Join NOW!

Saturday, February 13, 2021

7.75 CMEs

Saturday Sessions	
8:00- 9:00am	Caring for Muslim Patients-Presented by Hwya A. Arafat, MD, PhD, MSc. MEdL
9:00am-10:00am	Diagnosing & Treating Societal Somatic Dysfunction: Direct Techniques for Dismantling Systemic Racism & Oppression- Presented by Julia McDonald, DO, MPH
10:00am- 10:30am	<i>Exhibit Hall Break: Visit the Virtual Exhibit Hall Tab to Join our Exhibitors LIVE</i>
10:30am-11:05am	Successful Treatment of Deaf Patients: Communication is Key! - Presented by Jane Hecker-Cain & Joshua Seal
11:05am-11:30am	COVID Vaccine Update- Presented by Lisa LeTourneau, MD

11:30am-1:00pm	LIVE Keynote: Unconscious Bias in Medicine- Presented by Bernie Lopez, MD, MS, CPE
1:00pm-1:30pm	BREAK
1:30pm-2:30pm	Dermatology for All Skin Tones-Presented by Jerald Hurdle, DO
2:30pm-3:30pm	Indigenous North American Approaches in Addiction-Presented by Lewis Mehl Madrona, MD
3:30pm-3:45pm	<i>Break: Visit the Wellness Tab to select your session!</i>
Saturday Closing Session	
3:45pm-5:00pm	Diversity & Inclusion in Medicine Panel-- Workforce Issues & Beyond- Presented by Joel Kase, DO; Bernie Lopez, MD; Arabella Perez, LCSW, Regina Phillips, LCWS; Robert Zavaleta PCHC, Jade Duncan PCHC

Sunday, February 14, 2021

6.0 CMEs

Sunday Sessions	
8:00am- 9:00am	Thinking About Thinking: Cognitive Anxiety in Adolescents, Children & Beyond - Presented by Charles Parker, DO
9:00am -10:00am	Life Saving Injuries: How Physicians Can Protect Abused Children Presented by Amanda Brownell, MD, Medical Director at Spurwink
10:00- 10:30am	<i>Break: Visit the Wellness Tab to select your session!</i>
10:30am-11:30am	Acute Rehab: When Is It the Right Choice? -Presented by Scott Cyr, DO
11:30am-12:30pm	Pelvic Floor Myalgia: Anatomy, Diagnosis & Treatment-Presented by Romeo Lucas, DO
12:30- 1:00 pm	<i>Lunch BREAK & Auction Announcements LIVE with your MOA Team!</i>
1:00pm-3:00pm	Lecture & Lab: OMM Techniques for Respiratory & Lymphatic Systems- Presented by Donald Hankinson, DO
3:00pm	Closing Remarks Presented By MOA Program Co-Chairs Jodie Hermann, DO and Josie Conte, DO

On-Demand Sessions		4.5 CMEs
Provided by OPSO	Diabetes Treatment through Telehealth- Presented by Eden Miller, DO	
Provided by OPSO	Primary Prevention of Coronary Artery Disease-Presented by Tyler Earley, DO	
Provided by MAOPS	Busting the Myths Around Opioids and Chronic Pain Management-Presented by Merideth Norris DO & Brian Kaufman, DO**	
Provided by MAOPS	To the RX Pad...and Beyond! Options in Pain Management -Presented by Merideth Norris DO & Brian Kaufman, DO**	
On Demand	Cutaneous Manifestations of COVID19 -Presented by Edward Zabawski, Jr, DO	

Planning Committee Co-Chairs: Jodie Hermann, D.O. & Josephine Conte, D.O

* The MOA's professional and public education committee reserves the right to adjust the program agenda as deemed necessary. Some topics and session times may change. For more information, please contact the MOA at 207-623-1101 or by email at office@mainedo.org.

** This session is approved for 1.0 credits on opioid medication education as required by P.L. 2015, Chapter 488, Maine's legislation to address the opioid drug crisis.

CME Credit information:

- The Maine Osteopathic Association (MOA) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. MOA designates this program for 25.5 AOA Category 1-A CME credits and will report CME and specialty credits commensurate with the extent of the physician's participation.
- This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Missouri Association of Osteopathic Physicians and Surgeons (MAOPS) and The Maine Osteopathic Association. MAOPS is accredited by the ACCME to provide continuing medical education for physicians.
- Missouri Association of Osteopathic Physicians and Surgeons (MAOPS) designates this live activity for 24.5 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.